

TRAINING DATES AND SYLLABUS FOR 2016

Certificate Course Syllabus – September 2016

Session	Date	Topic
1	Sat 17 th Sept	Intro to cognitive behaviour therapy - Anne What makes a good therapist? Scott
2	Sat 24 th Sept	Non Verbal Communication (NVCs) and generic skills. 1 st Viva Prep - Rian
3	Sat 1 st Oct	Childhood attachments to caregivers and Noxious Childhood Experiences (NCEs) - Scott
4	Sat 8 th Oct	Intro to DSM-5 (a.m.)Deborah and Depression (p.m.) - Scott
5	Sat 15 th Oct	Depression inc. typical Negative Automatic Thoughts (NATs) Scott
6	Sat 22 nd Oct	Panic Disorder inc. Panic Diaries - Christy
Sat 29 th October 2016 – Midterm Break		
7	Sat 5 th Nov	Specific Phobia inc 5PMs - Deborah
8	Sat 12 th Nov	Social Phobia inc 5PMs - Christy
9	Sat 19 th Nov	Posttraumatic Stress Disorder (PTSD) inc. 5PMs - Rian
10	Sat 26 th Nov	Course revision 2 nd Viva Prep - Anne
11	Sat/Sun 3 rd and 4 th Dec	Viva Recordings
<p><u>NB:</u> Viva assignments are emailed to your Assessor; to small group peers; to Anne on or before Tuesday 10th Jan 2017 (No need to email Viva assignments to admin.)</p>		
12	Sat 14 Jan 2017	Viva Assessments – Christy, Deborah, Scott, Rian